

Carbon Monoxide Poisoning

Carbon Monoxide is a toxic gas that can produce **irreversible damage** and even **death**.

The signs and symptoms of poisoning are: headache, nausea, dizziness, weakness or falling unexpectedly, fainting.

If you think you have symptoms of carbon monoxide poisoning:

- LEAVE THE PREMISES,
- CALL **9-1-1** OR
THE QUÉBEC CONTROL CENTRE AT **1 800 463-5060**.

For more information: www.msss.gouv.qc.ca/monoxyde-de-carbone



Santé
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Québec



PREVENT

Carbon Monoxide Poisoning

- Have your heating system checked every year.
- Install a carbon monoxide detector.
It could save your life.
- Remove the snow around your vehicle and tail pipe before starting the engine.

Version en anglais.
Seule la version française fait foi.



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