

Preventing COVID-19 in the workplace



ACCÉSSS

Alliance des Communautés Culturelles pour
l'Égalité dans la Santé et les Services Sociaux



Keep physical
distancing during work,
breaks and mealtimes



Avoid greeting with
hugs or handshakes



Communicate with
your coworkers by
phone or other
technological means



Wearing protective
equipment (goggles
masks, visor, gloves)
is recommended



Avoid touching your
face, mouth, nose and
eyes, with or without
gloves



Wash frequently your
hands (water and soap;
hydroalcoholic solution)
for at least 20 seconds



Cover your mouth and
nose with a single use
tissue, or into your
elbow when coughing
or sneezing



Throw used tissues in
the trash and wash
your hands



Avoid sharing tools and
working equipment, or
disinfect them between
uses



Clean regularly working
and eating areas,
restrooms and
frequently touched
surfaces

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Covid-19 Information Line :
1 877 644-4545

To contact a CNESST inspector :
1 844 838-0808